

# PROFESSIONAL DEVELOPMENT



## **BULLYING PREVENTION TRAINING FOR EDUCATORS**

### ***“The Secret to Helping Students Become Victimproof”***

In this session Tom Thelen, author of *Victimproof*, unpacks the secret to helping students break out of the bullying cycle. As a student Tom was bullied, but thanks to one teacher he discovered how to become “Victimproof,” a concept rooted in resiliency and grit. Today Tom speaks internationally to educators showing how “bullying awareness policies” are not enough and advocating that schools must take a more proactive approach to social and emotional learning programs. Tom is the creator of the nationally recognized *Victimproof* Program, a Multi-tiered System of Support that helps prevent bullying and create a positive school climate. Session length is one hour or Tom can adjust the length to fit your needs.

### **LEARNING OBJECTIVES:**

- How to describe the National Bullying Definition from StopBullying.gov.
- How to define the 4 Types of Bullying in Schools.
- How to illustrate the new challenges of cyberbullying – The New Playground.
- How to identify the “victim mentality” and promote resiliency in students.
- How to write a 3-Step Action Plan for a Multi-tiered System of Supports.

Upon completion, educators will receive free access to download a Cyberbullying Prevention PowerPoint that can be used in the classroom or at a Parent Meeting. All participants will also receive access to a downloadable certificate of completion for use in self-reporting their learning credits.

### **EVENT DETAILS:**

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## BULLYING PREVENTION WORKSHOPS

***“Developing A Bullying Prevention Policy That Empowers Students and Protects Schools”*** – In this interactive session Tom Thelen shows educators how to develop their own Bullying Prevention Policy, a legal mandate in 49 U.S. states. Learn the best practices from 3 states and discuss why students, staff, and educators need to participate in creating the policy. This session focusses on creating a policy that both empowers students and protects schools from litigation.

***“Cyberbullying Prevention Solutions (That Actually Work!)”*** – How are schools able to protect children from online bullying without fully blocking access to social media websites? How does cyberbullying differ from traditional bullying, and how should the consequences differ? In this workshop author Tom Thelen describes The Top Three Cyberbullying Prevention Solutions for schools. Participants will also be given access to sample policies for their school.

***“Launching a Positive School Culture Campaign with the Victimproof Online Program”*** – In this hands-on session, participants “test drive” the Victimproof Online Program by logging in via a guest account. Program creator Tom Thelen discusses 5 Best Practices for Using Victimproof. The session goes on to describe three case studies of schools that successfully implemented their own positive school culture campaigns and how you can do it too.

